



Supporting Our NHS People Helping you look after your financial wellbeing

[CSiS Charity Fund](http://www.csischarityfund.org/our-aims-and-work.htm) helping Public Service Communities CSiS Charity Fund is a small, highly focused organisation with the welfare of serving, retired and former civil and public servants. Individuals can apply for assistance/ funding when they are struggling with problems arising from job loss, disabilities, low incomes, caring responsibilities and other factors including stress at work, marital breakup and debt. For more details: www.csischarityfund.org/our-aims-and-work.htm

[The Ambulance Staff Charity](http://www.theasc.org.uk) (TASC) is the leading UK charity providing support to all present and past ambulance staff and their families in time of need, both in the NHS and independent sector. Our services are independent and confidential and include psychological rehabilitation and counselling, including stress and PTSD support; physical rehabilitation; financial grants; debt advice; welfare and other support; and bereavement support. For more details: www.theasc.org.uk

[Turn2us](http://www.turn2us.org.uk) helps people in financial need gain access to welfare benefits, charitable grants and other financial help – online, by phone and face to face through partner organisations. Their web site includes a benefits calculator, a grants search database, information and interactive tools providing a wide range of subjects on welfare benefits, charitable grants and managing money. For more details: www.turn2us.org.uk

Social Workers Benevolent Fund (SWBT): A small charity offering one-off, limited financial help to social workers – including retired social workers – and their dependents in times of hardship www.swbt.org

The Charity for Civil Servants: (formerly The Civil Service Benevolent Fund) supports all civil servants, past and present, throughout their lives, with whatever problems they may have. www.foryoubyyou.org.uk

Credit Unions offer a range of savings accounts, current accounts and loans to members, much like traditional banks and building societies.

- The key difference is that it's a not-for-profit setup that's run by members who have something in common (e.g. locality or industry).
- To be eligible to join a credit union, you typically have to have the same "common bond" with other members, though some credit unions have relaxed their criteria.

The NHS Credit union: Supporting financial health of members across Scotland and the North of England with affordable savings and loans www.nhscreditunion.com

NHS Discounts and Offers

The cost of living surged by 5.1% in the 12 months to November, up from 4.2% the month before, and its highest level since September 2011. The North West regional team are delighted to be able to provide a number of offers to support you and your family in this difficult times.

NHS Discounts & Healthcare Staff Benefits: Film-buffs, fashion-lovers or gig-goers, Health Service Discounts has something for everyone: <https://healthservicediscounts.com/>

Blue Light Card: Whether you're looking for a weekend getaway, fashion fix, state-of-the art device; save online with thousands of retailers: www.bluelightcard.co.uk/

NHS Discount Offers: Discounts and Money Saving Vouchers for NHS Staff: www.nhsdiscountoffers.co.uk/

Health Staff Discounts: Find exclusive health service discounts, offers and deals: www.healthstaffdiscounts.co.uk/

